

# Transformation Of The Heart Stories By Devotees Of Sri Sathya Sai Baba

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mar 24 2022 your heart is in the center of your chest near your lungs it has four hollow chambers surrounded by muscle and other heart tissue the chambers are separated by heart valves which

jun 25 2025 oxygen poor blood from the body enters your heart through two large veins called the superior and inferior vena cava the blood enters the heart s right atrium and is pumped to your right

mar 24 2022 the heart is an organ about the size of your fist that pumps blood through your body it is made up of multiple layers of tissue your heart is at the center of your circulatory system this

jun 25 2025 your heartbeat is the contraction of your heart to pump blood to your lungs and the rest of your body your heart s electrical system determines how fast your heart beats

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heart healthy eating plan what you eat makes a difference to your heart a heart healthy eating plan emphasizes vegetables fruits and whole grains includes fat free or low fat dairy products and limits

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